



उच्च शिक्षा उत्कृष्टता संस्थान, भोपाल
Institute for Excellence in Higher Education, Bhopal



Office: WALMI Hills, Kolar Road, Bhopal - 462016 Tele: (0755) 2492433, 2492460
E-mail: iehebhopal@mp.gov.in, iehe.iqac2020@gmail.com, Website: <https://www.iehe.ac.in>

4(b). Outdoor Gymnasium (Girls' hostel)



उच्च शिक्षा उत्कृष्टता संस्थान, भोपाल
Institute for Excellence in Higher Education, Bhopal



Office: WALMI Hills, Kolar Road, Bhopal - 462016 Tele: (0755) 2492433, 2492460
E-mail: iehebhupal@mp.gov.in, iehe.iqac2020@gmail.com, Website: <https://www.iehe.ac.in>



Strength Training



Cross Country Skier



Leg Press



Cross Trainer



उच्च शिक्षा उत्कृष्टता संस्थान, भोपाल
Institute for Excellence in Higher Education, Bhopal



Office: WALMI Hills, Kolar Road, Bhopal - 462016 Tele: (0755) 2492433, 2492460
E-mail: iehebhupal@mp.gov.in, iehe.iqac2020@gmail.com, Website: <https://www.iehe.ac.in>



Upper Body Workout



Tai Chi Spinners



Double-Bar / Strength Training



Strength Training



उच्च शिक्षा उत्कृष्टता संस्थान, भोपाल
Institute for Excellence in Higher Education, Bhopal



Office: WALMI Hills, Kolar Road, Bhopal - 462016 Tele: (0755) 2492433, 2492460
E-mail: iehebhupal@mp.gov.in, iehe.iqac2020@gmail.com, Website: <https://www.iehe.ac.in>



Abs Training



Standing Twister